



Sun Protection Policy

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

At Threemilestone Pre-school we want all children and staff to enjoy the sun safely. We will work with staff, parents and carers to achieve this through:

Education:

- All children will be involved in a discussion, appropriate for their age and understanding, about sun protection and the risks of too much exposure to ultraviolet light (UV).
- All children will be encouraged to adopt the Slip, Slop, Slap campaign and will be taught the Slip, Slop, Slap Song which will help them remember the basic sun safe message.
- Parents and guardians will be asked through letters/newsletter to support this policy by encouraging their children to follow the Slip, Slop, Slap message.

Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light. Staff should always act as a positive role model and set a good example by seeking shade whenever possible, wearing appropriate clothing and applying sunscreen.

Protection:

- The Pre-school garden has shade provided by an overhanging roof, gazebo (erected over the sandpit) and a large sail over the staging area.
- Children will be encouraged to use these shaded areas whilst playing in the garden when appropriate.

- The children will be encouraged to wear clothes that provide good sun protection (i.e. sun hats etc).
- Parents/carers will be informed of the importance of providing the setting with appropriate clothing/headwear.
- Children will be encouraged to increase their water intake in hot weather particularly if playing in the outdoor area.
- Water is available during the day for all children to access.
- Parents are asked to apply sunscreen to their child before arriving at pre-school.
- Parents are also asked to give written permission for sun cream to be applied to their child by returning the slip attached with our letter regarding the steps we are taking to ensure we are a Sun Safe Nursery.
- Parents should provide the setting with appropriate sunscreen for their child labelled with their name and brought on a daily basis in their bag. The sun cream should be in date and be a minimum of factor 30.
- The setting will however keep spare sun hats and a quality sunscreen on site at all times should your child occasionally forget to bring their own.

This policy was adopted at a meeting of Threemilestone Preschool CIO

Held on 23rd May 2019

Signed for and behalf of the pre-school

Trustee (Sarah Wallis)
Threemilestone Preschool CIO