

Jan 2025

# NEWSLETTER



Where Milestones are Achieved

**Dear Preschool Family,**

A Happy New Year to all and welcome back after the Christmas Holidays!

We are looking forward to the Spring Term, better weather, (hopefully), and the days drawing out. We are excited about our weekly focus for learning over the coming weeks which will be based around the favourite stories of the staff. We are planning lots of exciting and stimulating activities for the children, so we hope you enjoy reading about your child's learning on the EY Log. The EY Log platform also allows parents to post observations so if you are out and about and would like to share some family time with us, we are always delighted to read these. We then share these memories with your child and their friends during carpet time.

**Sarah, Kathryn, Tracey, Red Emily, Green Emily, Lisa, Natalie, Sam and Ria** 😊

## Threemilestone School Website:

Ria is regularly updating our Website so you can see what your child has been learning in the setting. The Website also includes information about our staff, diary dates, policies, keeping safe online, child health and our Newsletters. If you would like to see, here is the link:

[Threemilestone PreSchool - Home](#)

## Wet Weather Procedures:

I'm pleased to say that despite some parts of the country recently experiencing snow, we have escaped it for the time being at least! In the event we do have snow, please check your EY Log messages, our Website or listen to local radio for our opening times/closure. We follow the same decisions on opening as the main primary school so if you hear on the radio or read on local news websites that Threemilestone School is closed then it is safe to assume that we will also be closed. However, we should be able to advise you via the EY Log Platform on the day.

## School Admissions – September 2025

I know I have reminded parents that it is really important that you apply for a place in a reception class if your child is born between the 1<sup>st</sup> September 2020 and the 31<sup>st</sup> August 2021 before the cut off date of the **15<sup>th</sup> January 2025**. To apply you need to complete an application form by visiting:

[www.cornwall.gov.uk/admissions](http://www.cornwall.gov.uk/admissions) .

If you applied electronically, you will receive a notification on the 16<sup>th</sup> April, (during the Easter holiday break), informing you of the school your child has been allocated. If your application was completed by hand, notification of the allocated school will be received by post. When we return for the summer term, perhaps you would kindly let us know which school your child will be attending so that we can ensure a smooth transition. If you have any queries or concerns, we are here to help. We will also focus some of our activities around being school ready such as changing for PE.

## School Readiness – Toilet Training

I know that this is an issue that has made the news and social media recently with a Council in South Wales implementing a Policy requiring parents to return to schools/school-based nurseries to change their child if still in nappies/pull-ups unless there is a medical reason for doing so.

We recognise that toilet training can be a stressful time for parents and children alike, but it is important, particularly if the child is due to attend primary school to be independent in their self-care needs. We are more than happy to support your child with this aspect of their development as well as signposting you to helpful websites such as ERIC. The Health Visiting Team are also able to support and provide a variety of strategies to help you and your child achieve this level of independence. If you have any concerns or would like support, please speak to a member of our Team so we can work together to achieve this important self-help skill.

[Home - ERIC](#)

## SPACE – Supporting Parents and Children Emotionally

SPACE is a new free programme for any parent or carer who wants to better understand and support their children's emotions, as well as their own.

This 5-week online programme will cover:

- Understanding what is meant by a Trauma informed approach.
- Understanding toxic stress and the flight/fight response.
- Practical approaches to support children to regulate their emotions.
- Healthy coping strategies for dealing with stress.
- Managing different emotions.
- Understanding behaviour.
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children.
- Enhancing your ability to provide nurturing care.

All parents are welcome of children/young people aged 5 and under. The programme is offered electronically via Online Microsoft Teams Meetings on the 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup> January and the 6<sup>th</sup> & 13<sup>th</sup> February between the hours of 13:00 – 14:00. To find our more information visit Headstart Kernow SPACE for Parents/Carers.

## KH Dance Academy:

Next Friday, we are pleased to welcome Kathryn Cameron-Webb to our setting. Kathryn is the principal and dance teacher at KH Dance Academy in Truro where she teaches classes in a fun and friendly environment, building on the principles of dance and building confidence in children of all ages. She trained at Stella Mann College in London and has also gained her teaching qualifications. Kathryn performed for 8 years before opening her own dance school in Sunbury, Surrey which successfully operated for 10 years. In 2023, Kathryn and her family relocated back to Cornwall to start a new teaching chapter.

Kathryn will be basing her dance session on our Story of the Week, Giraffes Can't Dance. We are all hoping to learn the basic steps of the Cha, Cha Slide! If you are interested in joining Kathryn's dance classes please visit [www.kh-danceacademy.co.uk](http://www.kh-danceacademy.co.uk). We will also pop a leaflet with more information in your child's book bag.

## New Staff Member:

We are delighted to welcome Sam Lawton to our team. Sam is joining us as an extra member of staff to support the children's learning and development over the coming weeks. Sam is also working in our After-school Club on a Friday afternoon.

## Diary Dates:

17 <sup>th</sup> Jan 2025	KH Dance Academy Visit
17 <sup>th</sup> Feb – 21 <sup>st</sup> Feb 2025	Half Term Holiday
4 <sup>th</sup> Apr 2025	Last Day of Spring Term
	No Bibbles After-school Club
22 <sup>nd</sup> Apr 2025	First Day of Summer Term
5 <sup>th</sup> May 2025	Bank Holiday
26 <sup>th</sup> May – 30 <sup>th</sup> May 2025	Half Term Holiday
22 <sup>nd</sup> Jul 2025	End of Academic Year

## Outside Play Area:

Our outside area, with the recent rain we have, had is rather muddy. We have a supply of wellies the children put on to go outside but we would suggest they don't come dressed in their best clothes! It would also be helpful to provide your child with spare clothes which are named and placed in their rucksack.



## Contact Details:

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